



UNPACKING BAGGAGE: INSECURITIES

Pastor Danny Hernandez
Wednesday, April 24, 2024

1 Samuel 10:20-24 NLT

²⁰ So Samuel brought all the tribes of Israel before the Lord, and the tribe of Benjamin was chosen by lot. ²¹ Then he brought each family of the tribe of Benjamin before the Lord, and the family of the Matrites was chosen. And finally Saul son of Kish was chosen from among them. But when they looked for him, he had disappeared! ²² So they asked the Lord, "Where is he?" And the Lord replied, "***He is hiding among the baggage.***" ²³ So they found him and brought him out, and he stood head and shoulders above anyone else. ²⁴ Then Samuel said to all the people, "This is the man the Lord has chosen as your king. No one in all Israel is like him!" And all the people shouted, "Long live the king!"

Insecurity: *Uncertainty or anxiety of self; lack of confidence*

Common Insecurities

Physical	Agee	Intelligence	Things	Worth
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Things That Impact Our Insecurities

Past Experiences	Reputation	Success	Rejection
Trauma	Failure	Doubt	

Responses to Insecurities

Self-Criticism	Lack of Openness	Self-Sabotage	Loneliness
Perfectionism	Lack of Confidence	Fear of Failure	Distracting Others
Isolation	Avoidance	Decision Paralysis	
Jealousy	Shutting Down	Lashing Out	
Feeling inadequate	Limiting Yourself	Procrastination	

1 Samuel 9:6-8 NLT

⁶ But the servant said, "I've just thought of something! There is a man of God who lives here in this town. He is held in high honor by all the people because everything he says comes true. Let's go find him. Perhaps he can tell us which way to go." ⁷ "But we don't have anything to offer him," Saul replied. "Even our food is gone, and we don't have a thing to give him." ⁸ "Well," the servant said, "I have one small silver piece. ^[a] We can at least offer it to the man of God and see what happens!"

1 Samuel 9:18-21 NLT

¹⁸ Just then Saul approached Samuel at the gateway and asked, “Can you please tell me where the seer’s house is?” ¹⁹ “I am the seer!” Samuel replied. “Go up to the place of worship ahead of me. We will eat there together, and in the morning, I’ll tell you what you want to know and send you on your way. ²⁰ And don’t worry about those donkeys that were lost three days ago, for they have been found. And I am here to tell you that you and your family are the focus of all Israel’s hopes.” ²¹ Saul replied, “*But I’m only from the tribe of Benjamin, the smallest tribe in Israel, and my family is the least important of all the families of that tribe! Why are you talking like this to me?*”

1 Samuel 10:14-16 NLT

¹⁴ “Where have you been?” Saul’s uncle asked him and his servant. “We were looking for the donkeys,” Saul replied, “but we couldn’t find them. So we went to Samuel to ask him where they were.” ¹⁵ “Oh? And what did he say?” his uncle asked. ¹⁶ “He told us that the donkeys had already been found,” Saul replied. But Saul didn’t tell his uncle what Samuel said about the kingdom.

Psalm 139:1-4 NLT

¹ O Lord, you have examined my heart and know everything about me. ² You know when I sit down or stand up. You know my thoughts even when I’m far away. ³ You see me when I travel and when I rest at home. You know everything I do. ⁴ You know what I am going to say even before I say it, Lord.

REFLECTION QUESTIONS

Which of the 5 common insecurities do you struggle with the most?

How do you see these insecurities and your responses to them show up in your life and relationships? Who else has been impacted by your insecurities?

How do you combat insecurities?

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SERENITY WORSHIP SERVICES Sundays at 10:00am and 6:00pm Crystal, and 12:30pm North Minneapolis.

SERENITY SANDWICHES Mondays at 4:30pm in Fellowship Hall

MEN'S MINISTRY BIBLE STUDY Mondays at 7:00pm in the Multipurpose Room

SEEKING SERENITY AA Big Book Study Mondays at 7:00pm in Fellowship Hall

SERENITY PRAYER Sundays at 9:00am and 5:00pm, Tuesdays at 6:00pm in the War Room

TUESDAY NIGHT LIFE RECOVERY Tuesdays at 6:30pm

SERENITY STUDY Bible Study Wednesdays at 6:30pm in the Sanctuary

SERENITY YOUTH Wednesdays at 6:30pm in the Multipurpose Room

SERENITY KIDS Wednesday at 6:30pm in the Nursery and Serenity Kids Rooms

CLEANING MINISTRY Saturday Mornings at 8:00am

SERENITY SHELF & STREET OUTREACH Friday and Saturday:

Fridays, volunteer between 9am & 3pm in the parking lot.

Saturdays, volunteer between 9am & 12pm in the parking lot,

or join our street outreach team from 10am-1pm

MONTHLY SCHEDULE

INSPIRED YOUTHS Bible Study Thursday April 11th & April 25th at 7:00pm at the North Minneapolis Campus

WOMEN'S MINISTRY Saturday April 27th at 9:30am

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